

# Today I Look Down

Nelly Ramos Laguna

Today I look down and see my reflection in the dark blue waters.  
The sand secures my body and the waves wash over me with relief.  
The ocean life amuses me while I proudly apply reef-safe sunscreen.

But if I proudly apply reef-safe sunscreen,  
And I do not see how worn out you are,  
And I do not see how you suffer,  
The sustenance you provide,  
Or how you live,  
My reflection becomes murky in the dark grey waters.  
Our own extinction will become irreversible!

But if we apply reef-safe sunscreen,  
And we work to aid the amusing life you foster,  
And we wash relief over your waves,  
And we provide security of your body,  
Or your existence,  
“Today” could mean today and  
Today I would be able to look down at my reflection with content,  
In the dark blue waters.